

Small steps at home = BIG gains for your child

Your child is learning and growing every day. Small, inexpensive changes at home can make it easier for your child to learn the next step of a skill or activity. Here are some ideas!

Where can your child...

Reach things by herself?

You can put books, toys, and clothes on low shelves so she can be more independent as she learns, plays, and dresses herself. A stepstool can help her reach the sink. Coat hooks at her level allow her to hang up her own coat.

Learn about time?

You can hang a clock, a calendar, a weekly or daily schedule for your child and help her learn about it.

Form a sense of self?

You can provide a space—a shoebox, a shelf, or a tub—for a few toys and belongings that are special. The toys that your child needs to share with others can be kept in another place.

Have his own spot where he can be alone?

You can use a large cardboard box for a playhouse or hang a blanket like a tent.

Find and organize belongings?

You can put a box or basket by the door for school belongings. Labels on shelves can help your child put away toys and clothes.

Have a quiet space to learn?

You may have a television-free room or an outdoor space—even the local library—where your child can talk, look at books with you, or do activities that require thinking.



Your child may have ideas too!